



Administrative Office P. O. Box 924067 Houston, TX 77292  
 281-356-7588 Fax 1-866-495-1351  
 SIRE Fort Bend 7206 Poolhill Rd Fulshear, TX 77441  
 SIRE Spring 4610 Sloangate Dr Spring, TX 77373

SIRE is a Premier Accredited Center through the  
 Professional Association of Therapeutic Horsemanship International (PATH INTL)

## Clients' Medical History and Physician's Statement

*Must be signed by Physician and Client/Parent/Guardian*

Client Name: \_\_\_\_\_ M/F: \_\_\_\_ Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of Onset: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

Medications: \_\_\_\_\_

Shunt Present: Yes No Date of last shunt revision: \_\_\_\_\_

Past/Prospective surgeries: \_\_\_\_\_

Please indicate if patient has a problem and/or surgeries in the following areas by checking Yes or No. If yes, please comment.

Mobility: Independent Ambulation \_\_\_ Yes \_\_\_ No, Crutches \_\_\_ Yes \_\_\_ No, Braces \_\_\_ Yes \_\_\_ No, Wheelchair \_\_\_ Yes \_\_\_ No

Areas	Yes	No	Comments
Behavioral			
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning			
Psychological			
Other			

➔ Client/Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### \*\*\* PHYSICIAN MUST SIGN AND DATE THIS FORM BELOW\*\*\*

To my knowledge, there is no reason why this person cannot participate in supervised equine activities. However, I understand that SIRE will weigh the medical information above against the existing precautions and contraindications. Therefore I refer this person to SIRE for ongoing evaluation to determine eligibility for participation. **I have read the attached Precautions and Contraindications.**

**\*\*\*FOR PERSONS WITH DOWN SYNDROME:**

Neurologic symptoms of Atlanto Axial Instability: \_\_\_\_\_ Present \_\_\_\_\_ Absent

Please indicate any special precautions: \_\_\_\_\_

➔ Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Name (please print): \_\_\_\_\_ MD, DO, NP, PA, Other: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City, ST, Zip: \_\_\_\_\_



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## **Precautions & Contraindications**

### **Precautions and Contraindications:**

The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Please review this information, and if present, contact SIRE for more information.

#### **ORTHOPEDIC**

Atlantoaxial Instability  
Coxa Arthrosis  
Cranial Deficits  
Osteoporosis  
Heterotopic Ossification/Myositis  
Joint subluxation/dislocations

#### **NEUROLOGIC**

Pathologic Fractures  
Spinal Fusion/Fixation  
Spinal Instability/Abnormalities  
Seizure Disorder  
Spina Bifida/Chiari II malformation/Tethered  
Cord/Hydromyelia  
Hydrocephalus/Shunt

#### **OTHER**

Indwelling Catheters  
Skin Breakdown  
Weight exceeds 200 pounds

#### **MEDICAL/PSYCHOLOGICAL**

Animal Abuse  
Physical/Sexual/Emotional Abuse  
Dangerous to self or others  
Exacerbation's of medical conditions  
Fire Settings  
Heart Conditions  
Hemophilia  
Medical Instability  
PVD  
Respiratory Compromise  
Recent Surgeries  
Substance Abuse  
Thought Control Disorders